PSIC ParkNav Module - Overview

Introduction and Purpose:

Welcome to the Professional Ski Instructors of Canada ParkNav Module. This on snow module and its content is built in collaboration with Park Labs. The module is a safety and etiquette focused three hour on hill training for instructors who are certified with minimum Level 1 PSIC.

The ParkNav module introduces and exposes the dynamics of the terrain park environment and the important considerations required to ensure that instructors make well informed decisions regarding Terrain Park use. Safe navigation of terrain parks will minimize risk for students, themselves and other park users while taking advantage of the fun, intrigue and adventure that the Park environment can provide for a student. ParkNav is not designed to teach skills and tricks in the park environment. Skill development and certification of Terrain Park instructors can be accessed in the ParkPlay Certification Course also available through the PSIC.

Driven by the PSICs focus on the Adventure - Fun Safe Learning, the ParkNav Module takes an in depth look at minimizing risk of injury for both students and instructors.

The following information provides an overview of the ParkNav Module.

Learning Outcomes:

Park Flow - Dynamics of the Park

Making a Plan (know before you go)
- Knowing your Snow School Policies
- Understanding your students to optimize safety
- Creating a cohesive group dynamic
- Equipment
- The Challenge Zone - Minimum skill requirements and recommendations

Safely Entering the Park
- Understanding signage
- Class Control
- Communication (clear directions and commands)

Traffic

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Observing user flow
Dos and Don'ts of stopping and gathering
Blindspots and collision risks

Feature layout and design

Identifying appropriate features for skill levels
Feature sizes and intended use
Dos and Don'ts of using features

Dropping!

Drop-in etiquette
How and when to call your drop-in

Instructor safety and injury prevention in the Park

Connection

Are your students "on your team"?

Positioning

Where to be and where not to be
How to safely assist athletes in case of a fall

Self Awareness for Ski Pros

Knowing your skill level
Skiing below your limit
The urge to inspire
Equipment

If things don't go to plan...

In case of injury

How to close a feature if someone is injured
How to contact ski patrol
Class control

When rules aren't followed

Identifying likely outcomes
Revisiting the plan with your group
Consequences and knowing when to draw the line
The unwritten rules of park use

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Assessment and Evaluation:

- Full participation is required to receive “complete” status for this module.
- Participation is recognized in your member profile following module completion.

Course Structure:

- The ParkNav Workshop is a 3 Hour program delivered by a qualified PSIC Licensed Professional Trainer.

Course Prerequisites:

- Membership within the PSIC is required.
- For the 25/26 winter season, this pilot program is included as part of your membership, based on availability.
- The program is available exclusively through snow schools (private link provided to snow school management).
- Registration through the link is required.
- You MUST be a minimum of 14 years of age on the day the on-snow portion begins.
- You should be ready to experiment, try new things, collaborate with others, and have a great time! Arrive curious!

General:

- Breaks will happen as required for safety and comfort.
- You will receive a detailed description of the meeting time and place of your program when you register.

Questions?

Please connect with our PSIC staff at info@psic.pro. We look forward to seeing you on-snow!

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