



## Licensed Professional Trainer (LPT) Course - Program Overview

### Introduction and Purpose:

Welcome to the Professional Ski Instructors of Canada (PSIC) Licensed Professional Trainer (LPT) Program. The purpose of the PSIC LPT Course is to mobilize leaders and trainers in the ski industry who will be training and empowering others in snow schools and who are interested in teaching programs on behalf of the PSIC. With your already substantial knowledge and experience, the LPT Program will help you gain confidence in delivering inspiring, accurate and relevant training to other teachers and trainers in a simple structure that makes your training effective and impactful. You will acquire essential knowledge and practical skills necessary for setting others up for success in their initial lessons at a snow school.

The following is an overview of the PSIC LPT Program, detailing the curriculum, organization, and prerequisites to help you evaluate the program.

### Learning Outcomes:

Learning outcomes are based on modeling and labeling of decisions, tactics and tools for delivering lessons that embody the PSIC's *Adventure Philosophy* — Fun, Safe, Learning through training sessions for new instructors.

### Training to create Fun, Safe, Learning:

- Model and label teaching decisions
- Create clear context or themes for training sessions
- Engage trainees to be active participants in sessions
- Involve trainees in tactics for building connections with students
- Expose methods for integrating emotional and psychological needs into lesson experiences
- Model methods for providing positive, clear and constructive feedback
- Describe and apply terrain considerations and choices in relation to student needs
- Model and label assessment and development strategies
- Describe relationships between movements and purpose in assessment and development
- Model and provide examples that instill:
  - Safe teaching awareness and practices

- Prioritization of mileage and terrain play for skill development
- Class management tactics for group and private lessons

### **Assessment and Evaluation**

- Evaluation is derived through ongoing assessment of the learning outcomes through discussions, questions, and practice opportunities throughout the course. For this reason, your engagement and active participation throughout the program is important.
- Evaluation is provided based on “exceeds expectations”, “meets expectations” and “requires development” in relation to the learning outcomes.
- These results are provided at the conclusion of the program before departure from the ski area at which the program takes place.
- Opportunities for 1-2-1 check-ins with your Trainer will be available during the program to ensure learning outcomes are understood and increased focus is applied where necessary. The goal is to help you where you need help.
- Completion of the online e-Learning modules and participation in all three days of the on snow portion are required to complete the program and achieve the LPT designation.
- All participants receive a written development plan following the program to help provide guidance on next steps for ongoing development.

### **Course Structure**

The LPT Program includes both online e-Learning and on snow practical components.

#### Online E-Learning Component

- This section of the program will take approximately 1 hour to complete and can be done at home, at your own pace.
- The e-Learning modules provide priming and insight into the concepts that will be explored further during the on snow portion of the program.
- The online modules must be completed prior to the on snow portion.
- Access to the e-Learning modules will be provided once you have registered for the Level 1 Program.
- Modules include:
  - Level 1 e-Learning Package
    - The Adventure
    - Building Connections
    - Safe Teaching
    - Adventures for Young Skiers
    - Progression
  - Currently additional modules are in development and will be launched in early 2024.

### On Snow Component

- On snow training is three days, approximately 4.5 - 5 hours per day.
- These three days will provide introduction to trainer skills, and numerous opportunities to practice components of delivering instructor training in an ongoing assessment environment.
- Practice opportunities and feedback will be continuous throughout.

### **Course Prerequisites:**

- Practical teaching experience within a recognized snow school is strongly recommended for participants considering the Licensed Professional Trainer Course.
- PSIC Level 3 or recognized equivalency is required (refer to cross over document if you are a member of another organization already).
- You MUST be a minimum 14 years of age on the day the on snow portion begins.
- You must be a paid member of the PSIC to register.
- Online e-Learning modules made available upon registration must be completed prior to day one of the on snow portion of the program. These modules will provide important and useful information that will increase the value and effectiveness of your on snow experience.
- You should be ready to experiment, try new things, collaborate with others, and have a great time! Arrive curious!
- Completion of the associated online e-learning components and participation in the complete training component of the program are required in order to participate in the evaluation portion.

### **General:**

- Breaks will happen throughout the day (vary depending on the weather), however, we recommend that you carry a snack in your pocket as the daily schedule and lunch break timing can vary based on various factors.
- You will receive a detailed description of the meeting time and place of your program when you register.

### **Questions?**

Please connect with our PSIC staff at [info@psic.pro](mailto:info@psic.pro). We look forward to seeing you on snow!