



## Level 2 Professional Instructor — Program Overview

### Introduction and Purpose:

Welcome to the Professional Ski Instructors of Canada Level 2 Program! By now, you are already a member of the PSIC or other organization and this next step will be an exceptionally fun and adventurous on hill training coupled with a comprehensive e-learning package.

The PSIC Level 2 Program is designed to enhance versatility in your skiing and teaching. You'll extend your skills beyond the prescriptive progression steps and into a deeper understanding of how skiing works in environments ranging from groomed blue runs to varied terrain. This level will also introduce you to learning science principles, enabling you to improve the effectiveness of your teaching and make better informed decisions.

The following information provides an overview of the PSIC Level 2 Professional Instructor Certification Course.

### Learning Outcomes:

Learning outcomes are based on the PSIC's Adventure Philosophy — creating Fun, Safe, Learning experiences from novice skiers on green runs through to developing versatility allowing you safe adventures in moderate on-piste and off-piste conditions. At the Level 2, the components of the Adventure remain separately defined with specific items associated with each aspect.

#### FUN

- Engage actively with Peers, Trainer and program activities
- Identify Challenge Zone for creating engaging learning activities
- Prioritize "mileage" and terrain play in teaching approach
- Recognize milestones in teaching approach

#### SAFE

- Apply safe class management strategies in teaching practice
- Choose terrain appropriate to students and the lesson situation
- Apply strategies to ensuring psychological and emotional safety
- Apply teaching activities within the appropriate challenge zone for students

#### LEARNING — Teaching

- Identify components of Technical Blueprint

- Identify components of The Method
- Use Adventure Builder concept and components
- Apply feedback appropriate to purpose and student needs
- Apply Assessment and Development feedback linking movements and purpose
- Apply progression up to basic drifted short turns

## LEARNING — Skiing

### Parallel Skiing — Versatility

- Short Turn Versatility
  - Short turns — Steered
    - Ability to maintain speed and consistent turn shape on blue groomed terrain
    - Turn shape requires some deflection of mass
  - Short turns — Tactical
    - Ability to manage speed and turn shape on steep blue/black terrain
    - Turn shape requires some deflection of mass
    - (Drifted in, Steered out)
- Medium Turn Versatility
  - Medium turns — Steered
    - Ability to maintain medium speed in a round turn on blue terrain
  - Medium turns — Tactical
    - Ability to manage speed and turn shape on steep blue/black terrain
    - (Drifted in, Steered out)
- Off-Piste — Your Best Skiing
  - Ability to control and choose speed, path and turn shape in moderate unprepared terrain

### **Assessment and Evaluation:**

- Evaluation is derived through ongoing assessment of the learning outcomes throughout the 5-day on snow course. There is no single, summative, final exam. For this reason, your engagement and participation throughout the course is important.
- Evaluation is provided based on “exceeds expectations”, “meets expectations” and “development required” in relation to the learning outcomes.
- These results are provided at the conclusion of the program before departure from the ski area at which the program takes place.



- Opportunities for one-on-one check-ins will be available during the program to ensure learning outcomes are understood and increased focus is applied where necessary. The goal is to help you where you need help.
- Completion of the online e-Learning modules and active participation in the on-snow course are required to complete the program and achieve the Level 2 Certification.
- Full Level 2 Certification is recognized once you have achieved both the Skiing and Teaching standards of the certification.
- All participants receive a written development plan following the course to help provide guidance on next steps for ongoing development.

### Partial Certification/Retests

Members who meet the standard in either the Ski or Teach component — but not both — will receive partial Level 2 certification. These members may register for a future Level 2 course to train and be reassessed in the component they did not pass.

- Ski-only retests are conducted during Days 1–2 of the 5-day course.
- Teach-only retests are conducted during Days 3–5 of the 5-day course.

Participants may attend only the days relevant to their reassessment or are welcome to join the full program.

### **Course Structure:**

The Level 2 Program comprises online e-learning and on-snow components. The on-snow course is a comprehensive, 5-day course consisting of both training and evaluation, emphasizing Skiing Skills and Teaching Skills development pathways. Full Level 2 Professional Instructor Certification requires passing both Skiing and Teaching components.

### Online e-Learning Component

Online, self guided e-Learning modules will precede the on-snow portion and will be sent to you following registration.

Modules include:

- Adventure Builder - Decision making and teaching process for instructors
- The Method - The key to delivering adventures
- Technical Blueprint - How skiing works from a technical perspective
- Force and Balance - Foundational principles for understanding skiing

### On Snow Component

The Level 2 Certification Course is a 5-day on-snow course, approximately 4.5 - 5 hours per day.



- These five days focus on training and evaluation of skiing and teaching skills in relation to the learning outcomes described. The course aims to evolve understanding of how to assess and develop skiing skills up to and including blue groomed terrain and moderate off piste and varied terrain within a safe fun learning atmosphere.
- Evaluation is provided through an ongoing assessment throughout the course. There is no single, summative, final exam.
- Participation, collaboration and teamwork are important throughout the course.
- You will receive a detailed description of meeting time and place when you register.

#### **Course Prerequisites:**

- PSIC Level 1 or recognized equivalency required. (Refer to [Equivalency Crossover](#) if you are a member of another organization already.)
- You MUST be a minimum of 14 years of age on the day the on-snow portion begins.
- You must be an active member of the PSIC to register.
- Online e-Learning modules made available upon registration must be completed prior to day one of the on-snow portion of the program. These modules will provide important and useful information that will increase the value and effectiveness of your on-snow experience.
- You should be ready to experiment, try new things, collaborate with others, and have a great time! Arrive curious!

#### **General:**

- Breaks will happen throughout the day (vary depending on weather), however we recommend that you carry a snack in your pocket as the daily schedule and lunch break timing can vary based on various factors.
- You will receive a detailed description of the meeting time and place of your program when you register.

#### **Questions?**

Please connect with our PSIC staff at [info@psic.pro](mailto:info@psic.pro). We look forward to seeing you on-snow!