



**PROFESSIONAL
SKI INSTRUCTORS
OF CANADA** EST
2023



ParkPlay Certification Course — Overview

Introduction and Purpose:

Welcome to the Professional Ski Instructors of Canada's ParkPlay Certification Course. This program and its content are built in collaboration with Park Labs. This course provides a fun and adventurous on hill training for instructors who are Level 1 Certified with the PSIC or a recognized instructor or coaching equivalency.

The ParkPlay course provides training and development for instructors to prepare their students for terrain park activities by first teaching basic skills outside the park, ensuring they feel comfortable and understand the dynamics of terrain features before hitting them. The two-day program will break down fundamental skiing, jumping, and box skills, helping instructors introduce the fun and excitement of park features safely to snow school lesson participants.

The following information provides an overview of the ParkPlay Certification Course.

Learning Outcomes:

The ParkPlay learning outcomes are based on the PSIC's Adventure Philosophy — creating Fun, Safe, Learning experiences including the basic park skills required for instructors to keep themselves and their students safe in the park.

Learning Outcomes - Teaching

FUN

- Engage actively with Peers, Trainer and program activities
- Identify Challenge Zone for creating engaging learning activities
- Prioritize "mileage" and terrain play in teaching approach
- Recognize milestones in learning process

SAFE

- Apply safe class management strategies in teaching practice
- Choose terrain and features appropriate to students and the lesson situation
- Apply strategies to ensuring psychological and emotional safety
- Apply teaching activities within the appropriate challenge zone for students



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LEARNING

- Use components of Adventure in teaching practice
- Use Adventure Builder concept and components
- Apply feedback appropriate to purpose and student needs
- Apply Assessment and Development feedback linking movements and purpose
- Apply progressions toward skiing outcomes of the ParkPlay Course

Learning Outcomes - Skiing

- On Green Terrain
 - o Rotation into and out of switch
 - o Switch Skiing, linked parallel turns.
 - o Nose and Tail Presses
- On Small Features
 - o Pop – using “Loading” on Jump Take-Off
 - o Pop - using “Ollie” on Jump Take-Off
 - o Body control for smooth take offs and landings.
 - o Safety Grab
 - o 50/50 on a Standard Box

Assessment and Evaluation:

- Evaluation is derived through ongoing assessment of the Skiing and Teaching learning outcomes. There is no single, summative final exam. For this reason, your engagement and participation throughout is important.
- Evaluation is provided based on “exceeds expectations”, “meets expectations” and “development required” in relation to the learning outcomes.
- These results are provided at the conclusion of the course before departure from the ski area at which the course takes place.
- Opportunities for one-on-one check-ins will be available during the course to ensure learning outcomes are understood and increased focus is applied where necessary. The goal is to help you where you need help.
- All participants receive a written development plan following each of the Skiing and Teaching components to help provide guidance on next steps for ongoing development.



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Course Structure:

The ParkPlay Certification Course is comprised of a 2-day on snow component, emphasizing both Skiing Skills and Teaching Skills development.

ParkPlay On Snow Component

- The ParkPlay Certification Course includes a 2 day on-snow training, approximately 4.5 - 5 hours per day.
- The two days focus on development of the skiing and teaching outcomes listed above.
- Evaluation is provided through an ongoing assessment throughout the course. There is no single, summative, final exam.
- Participation, collaboration and teamwork are important throughout the course.
- You will receive a detailed description of meeting time and place when you register.

Course Prerequisites:

- PSIC Level 1 or recognized equivalency required. (Refer to [equivalency](#) if you are a member of another organization already.)
- You MUST be a minimum of 14 years of age on the day the on-snow portion begins.
- You must be a paid member of the PSIC to register.
- You should be ready to experiment, try new things, collaborate with others, and have a great time! Arrive curious!

General:

- Breaks will happen throughout the day (vary depending on weather), however we recommend that you carry a snack in your pocket as the daily schedule and lunch break timing can vary based on various factors.
- You will receive a detailed description of the meeting time and place of your course when you register.

Questions?

Please connect with our PSIC staff at info@psic.pro. We look forward to seeing you on-snow!