



Level 2 Professional Instructor — Program Overview

Introduction and Purpose:

Welcome to the Professional Ski Instructors of Canada Level 2 Program! By now, you are already a member of the PSIC or other organization and this next step will be an exceptionally fun and adventurous on hill training coupled with a comprehensive e-learning package.

The PSIC Level 2 Program is designed to enhance versatility in your skiing and teaching. You'll extend your skills beyond the prescriptive progression steps and into a deeper understanding of how skiing works in environments ranging from groomed blue runs to varied terrain. This level will also introduce you to learning science principles, enabling you to improve the effectiveness of your teaching and make better informed decisions.

The following information provides an overview of the PSIC Level 2 Professional Instructor Certification Course.

Learning Outcomes:

Learning outcomes are based on the PSIC's Adventure Philosophy — creating Fun, Safe, Learning experiences from novice skiers on green runs through to developing versatility allowing you safe adventures in moderate on-piste and off-piste conditions. At the Level 2, the components of the Adventure remain separately defined with specific items associated with each aspect.

FUN

- Engage actively with Peers, Trainer and program activities
- Identify Challenge Zone for creating engaging learning activities
- Prioritize "mileage" and terrain play in teaching approach
- Recognize milestones in teaching approach

SAFE

- Apply safe class management strategies in teaching practice
- Choose terrain appropriate to students and the lesson situation
- Apply strategies to ensuring psychological and emotional safety
- Apply teaching activities within the appropriate challenge zone for students

LEARNING — Teaching

- Using the components of Adventure in teaching practice



- Using Adventure Builder concept and components
- Apply feedback appropriate to purpose and student needs
- Apply Assessment and Development feedback linking movements and purpose
- Apply progression up to basic drifted short turns
- Assess ski-to-snow performances of fellow participants with some assistance

LEARNING — Skiing

Parallel Skiing — Versatility

- Short turns — Versatility
- Short turns — Steered
 - Ability to maintain speed and consistent turn shape on blue groomed terrain
 - Turn shape requires some deflection of mass
- Short turns — Drifted in, Steered out
 - Ability to manage speed and turn shape on blue terrain
 - Turn shape requires some deflection of mass
- Medium turns — Versatility
- Medium turns — Steered
 - Ability to maintain medium speed in a round turn on blue terrain
- Medium turns — Drifted in, Steered out
 - Ability to start turn in drifted and blend to steered, performance manage speed and turn shape on blue terrain
- Medium turns — ungroomed terrain
 - Ability to control and choose speed, path and performance in moderate unprepared terrain

Assessment and Evaluation:

- Evaluation is derived through ongoing assessment of the learning outcomes throughout each of the Skiing and Teaching courses. There is no single, summative, final exam. For this reason, your engagement and participation throughout both courses is important.
- Evaluation is provided based on “exceeds expectations”, “meets expectations” and “development required” in relation to the learning outcomes.
- These results are provided at the conclusion of the program before departure from the ski area at which the program takes place.
- Opportunities for one-on-one check-ins will be available during the program to ensure learning outcomes are understood and increased focus is applied where necessary. The goal is to help you where you need help.



- Completion of the online e-Learning modules and Participation in all of the on-snow portions are required to complete the program and achieve the Level 2 Certification.
- Full Level 2 Certification is recognized once you have achieved both the Skiing and Teaching portions of the program.
- All participants receive a written development plan following each of the Skiing and Teaching components to help provide guidance on next steps for ongoing development.

Course Structure:

The Level 2 Program comprises online e-learning and on-snow components. The on-snow training is split into two separate 3-day modules, emphasizing Skiing Skills and Teaching Skills development pathways. You may choose the order of participation, but it is advisable to start with the Skiing Skills module, as technical skiing knowledge will benefit your teaching. Full Level 2 Professional Instructor Certification requires passing both components.

On-line e-learning component:

Online, self guided e-Learning modules will precede the on-snow portion and will be sent to you following registration. At the outset of the 2023/24 season, many members taking the PSIC Level 2 are entering the system from other organizations. For this reason, the Level 2 e-learning package is similar to the Level 1 e-learning package in order to expose the foundational concepts of the PSIC.

Modules include:

- PSIC Introduction - It's all in the Adventure
- Building Connections - with the sport, people, places and experiences
- Adventures for Young Skiers - getting things started!
- Safe teaching - understanding common risks and how to limit and manage them.
- Beginner and novice progression - the important milestones

Level 2 Skiing Component

The Level 2 Skiing Component is a 3 day on-snow training and approximately 4.5 - 5 hours per day.

- The three days focuses on development of your skiing skills as well as your understanding of how to assess and develop skiing skills up to and including blue groomed terrain and moderate off piste and varied terrain.
- Evaluation is provided through an ongoing assessment throughout the course. There is no single, summative, final exam.
- Participation, collaboration and teamwork are important throughout the course.
- You will receive a detailed description of meeting time and place when you register.



Level 2 Teaching Component

The Level 2 Teaching component is a 3 day on-snow training and approximately 4.5 - 5 hours per day.

- The three days include development of teaching skills, teaching practice and insight into important components of lesson structure and approach to building Adventures out there on the hill.
- Evaluation is provided through an ongoing assessment throughout the course. There is no single, summative, final exam.
- Participation, collaboration and teamwork are important throughout the course.
- You will receive a detailed description of meeting time and place when you register.

Course Prerequisites:

- PSIC Level 1 or recognized equivalency required. (Refer to the cross over document if you are a member of another organization already.)
- You **MUST** be a minimum of 14 years of age on the day the on-snow portion begins.
- You must be a paid member of the PSIC to register.
- Online e-Learning modules made available upon registration must be completed prior to day one of the on-snow portion of the program. These modules will provide important and useful information that will increase the value and effectiveness of your on-snow experience.
- You should be ready to experiment, try new things, collaborate with others, and have a great time! Arrive curious!

General:

- Breaks will happen throughout the day (vary depending on weather), however we recommend that you carry a snack in your pocket as the daily schedule and lunch break timing can vary based on various factors.
- You will receive a detailed description of the meeting time and place of your program when you register.

Questions?

Please connect with our PSIC staff at info@psic.pro. We look forward to seeing you on-snow!